Adaptive Recreation

Senior Adaptive

Jennifer Winder, CTRS

# 2012 ne - August

Lorenzi Adaptive Recreation Program

Leisure Connection - Project D.I.R.I. Paralympic Sports Las Vegas

Outreach - FL.O.A.I. - Golf





## Special Events

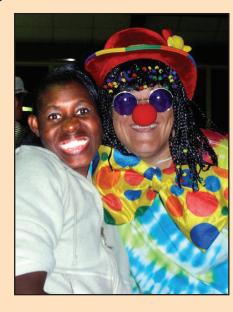
## **Camp Cal**

Travel with us to Calabasas, Calif., for this five-day, four-night residential camp for adults ages 22 years and older. Everyone will participate in activities to help promote independence and social skills. Activities include sports, arts and crafts, hiking, and daily trips to Zuma Beach. Call Jennifer at 229-5177 for more information and to be placed on the mailing list or e-mail jwinder@lasvegasnevada.gov.

**Monday-Friday** 

Sept. 10-14 Fee: \$400 per person







# Adaptive Recreation Programs



New A.G.E. "after work" recreation program is available for adults ages 22 years and older with developmental disabilities. The program offers a variety of activities and special events that promote individuality, self-esteem and independence. Please call for registration packet and information or e-mail jwinder@lasvegasnevada.gov.

Location: 6601 N. Buffalo Drive

(Centennial Hills Active Adult

Center/YMCA)

**Session:** June 11 - Aug. 17

Open: Monday-Friday, 1:30-5:30 p.m. Closed:

All major holidays and staff development days

Fee: 1-3 days \$21 4 days \$28

5 days \$35



Leisure Connection is a social group for adults 22 years and older with developmental disabilities. Community outings are planned each month to assist high-functioning adults with social skills and independence in the community. Activities include bowling, movies, lunch/dinner outings, sports events and leisure education classes. Please call to be placed on the activity schedule mailing list or e-mail jwinder@lasvegasnevada.gov.

#### **Lorenzi Adaptive Recreation Program** 229-6358 or 229-4903

The Lorenzi Adaptive Recreation Center provides recreational programming for youth of all abilities ages 7-21. Participants will enjoy a new recreation experience every week, community outings, sports, games, arts and crafts, swimming, movies, friends and all-around fun. Please call for registration packet and information.

Location: 250 N. Eastern Ave.

(East Las Vegas Community Center)

Session: **June 11- Aug. 17** 

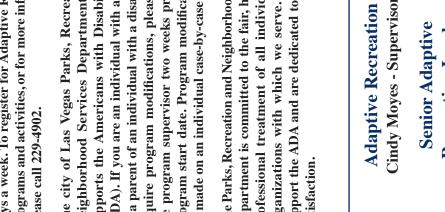
Open: Monday-Friday, 7:30 a.m.-6 p.m.

Closed: July 4

\$75 for each week







June - August 2012

June - August 2012

Activity & Class Schedule

Gally! Gal Out! Gal Active!

Gally! Gal Out! Gal Active!



TTY# 386-9108

495 S. Main St., 5th Floor

Las Vegas, NV 89101

Adaptitue Reereation

Summer

City of Las Vegas























Parks, Recreation and Neighborhood Services Department





#### Project D.I.R.T. · 229-4796 **Tent Camping and Day Hikes**





#### Tent Camp

Mt. Charleston July 28-29 \$30 per person



Mt. Charleston Aug. 18-19 \$30 per person

#### Floyd Lamb Fishing Clinic



June 2 July 14 Aug. 4 9 a.m.-1 p.m. \$2 per person

## Vegas Vision · 229-4904

Individuals ages 7 and up with visual impairments may participate in a variety of activities, including tandem bike rides, goal ball, swimming, rock climbing, fishing and special outings.

#### Disability Awareness/Sensitivity Training • 229-4904

We provide disability awareness and sensitivity training presentations to outside agencies, organizations and interest groups.

#### G.O.L.E · 229-4904

G.O.L.F. is a seasonal golf program for individuals of all abilities ages 12 and older who would like to attain the knowledge and understanding of basic mechanics

in the golf swing. Participants can learn the game, improve strength and skills, and gain self-confidence.

Group Sessions (one-hour class) \$3 per student



#### F.L.O.A.T. · 229-4902

Forming Leisure Opportunities using Aquatic Techniques is an adaptive aquatics program for people with and without disabilities.

#### One-On-One Swim Lessons

Our private instruction is designed to meet the needs of people of all abilities. The lessons are based on the American Red Cross' Learn-to-Swim Program. Six 30-minute lessons \$100

Ages: 3+ Call to register.

Ages: 3+

## **Aquatic Therapy**

This course is designed to strengthen mobility, coordination, balance, endurance, flexibility and core stability using a variety of aquatic techniques. Therapy is offered in private and group settings. Please call for more information.

## Group/Instructional Swim

This program provides swim instruction, life skills and recreational opportunities to a variety of community agencies. If you are interested in having your group participate, please call for more information.





## Paralympic Sports Club Las Vegas

Paralympic Sports Club Las Vegas, in conjunction with the Clark County School District, is a program designed for children and adults with physical disabilities that offers sports training and competitions throughout Southern Nevada. Our mission is to maximize the potential of people with physical disabilities through sports. For more information on the programs below, contact Jonathan Foster at 229-4796 or jfoster@lasvegasnevada.gov.

## June - August 2012 Activities

#### **Summer Camps**

Rancho High School, 1900 Searles Children with a physical disability (grades 1-12) June 11-15, 8 a.m.-5 p.m.



Children with a developmental disability (grades 1-12) June 18-22, 8 a.m.-5 p.m.

#### **Wheelchair Basketball Practice**

Stupak Community Center, 251 W. Boston Ave. Thursdays, 6-8 p.m.

Ages 14+ \$2 per practice

# **Quad Rugby Team Practice**

Minker Sports Complex, 275 N. Mojave Road Fridays, 5:30-7:30 p.m.

Ages 14+ \$5 per night

### **Summer Cross-Training Program**

Track & field at Rancho High School Swimming Call 229-4796 for details.









